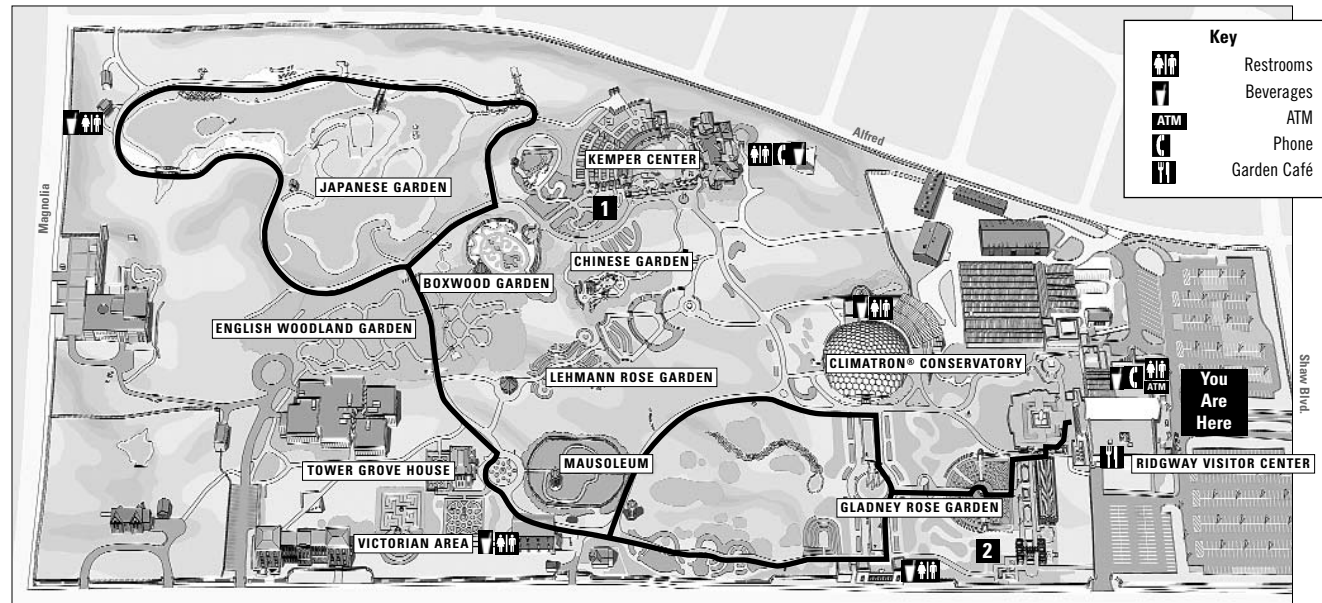


# GREAT GARDEN ADVENTURES



**FREE WITH ADMISSION!**



Program:  
Description:

## wheelchair tour

The Garden is accessible to all. Here are some recommended pathways for maximum enjoyment.



*According to the President's Council on Physical Fitness and Sports, people with disabilities are less likely to engage in regular moderate physical activity than people without disabilities, yet they have similar needs to promote their health and prevent unnecessary disease. The Council notes that physical activity need not be strenuous to achieve health benefits. Significant health benefits can be obtained with a moderate amount of physical activity, preferably daily. The same moderate amount of activity can be obtained in longer sessions of moderately intense activities, such as 30–40 minutes of wheeling oneself in a wheelchair.*

### NOTABLE GARDENS FOR PEOPLE WITH DISABILITIES

#### 1. The Garden for All at the Kemper Center for Home Gardening

Devoted to gardening for those who are physically challenged, this garden features plants that are easily accessible to all, including persons requiring walking aids, wheelchairs, and those who are visually impaired. Interesting and innovative ideas for the most diverse and enjoyable gardening experiences include raised beds and planters of varying heights and sizes; benches for kneeling or sitting; and a tool display of digging attachments, handle extensions, and modified pruners.

#### 2. Scented Garden for the Visually Impaired

Equipped with Braille and raised-letter labels, this fragrant garden is a delightful experience for all. The garden also features scented and texturally enticing flowers, herbs, spices, and raised beds for visitors in wheelchairs. The Bell Tree sculpture and shell fountain delight the ears of visitors and provide great entertainment for the young and young-at-heart. Peak season of bloom is summer.

*Always consult a physician before partaking in the Garden's wheelchair tour.*

**ESTIMATED TIME:**  
variable

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Printed on 30% post-consumer recycled paper.  
Photography by Matt Bender, Beth Haines,  
Jack Jennings, and Josh Monken.

Map by Tom Willcockson, [www.mapcraft.com](http://www.mapcraft.com). 01/05