

Put Your Worms to Work

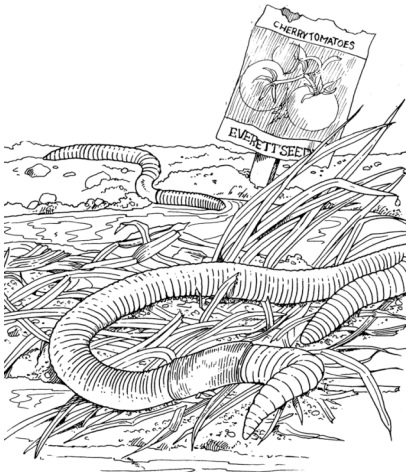
July

Brief Description of the Activity

Worms? Gross! But did you know that some worms can recycle? Get up close and personal with slick slimy worms as we learn about vermicomposting, a special way to recycle our kitchen scraps. Visit our worm bin in the Children's Garden!

For More Family Fun: **Build Your Own Worm Bin!**

You can vermicompost at home! First, make a dark house for the worms to live in. Find a wooden or plastic bin that is about 18 inches tall and 3 feet wide. With an adult's help, drill drain holes near the bottom. Fill the bin with moist bedding. Bedding can be shredded paper or newspaper, leaves, straw, peat moss or sawdust. Make sure the bedding is kept very moist like a sponge. Change the bedding once or twice a year. Feed the worms: they can eat fruit, vegetables, coffee grounds, bread, and leaves. Dig a hole in the bedding, dump the food in and cover it up with bedding. Pick a new spot each time you add food. Keep them damp and warm. Add water if the bedding feels dry, but make sure the excess water can drain away. Cover the bin with plastic or a tarp during freezing weather.



Get Your Exercise!

Go to the Kemper Center and discover their compost area! Can you see anything in the compost bin that you might throw away at home?